



TREE TOPS

Children's Occupational Therapy

Fussy or Problem Feeders Is it sensory, motor or behaviour? Training Course for Educational Staff/Other Professionals/Parents

Many children display problems with eating food and enjoying the experience of meal times.

Our course will help you to understand and experience why a child can struggle with feeding. Developing insight into the motor, sensory and psychological factors involved in this complex process will equip individuals to effectively help children who are 'picky' or 'problem' feeders.

Structured basic techniques and advice will be taught to integrate into school, ultimately to reduce anxiety and distress around meal times.

Following training each participant will be able to:

- ❖ Identify possible sensory/motor causes of feeding difficulties and differentiate between picky and problems feeders.
- ❖ Introduce activities to reduce a child's anxieties around food.
- ❖ Implement a range of interventions to develop a child's feeding ability.
- ❖ Provide a calm and happy positive eating environment.

How much for training in school?

£1200 for up to 20 staff (full day)

(Reduced rates will be offered for partnership schools)

Training date

Friday 26 April 2019

£70 per person (half day)

9.30am – 12.30pm

Venue:

School Aycliffe Community Hall, Eastfields Road, School Aycliffe, Newton Aycliffe, DL5 6QH

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